

CHRISTMAS SPIRIT PROMPTS

write letters to Santa

read from your favorite Christmas story

have a late night cookie & milk break

make candy cane milkshakes

sing Christmas songs before bed

watch a Christmas movie with popcorn

cuddle under a blanket

go out somewhere special for dinner

bake and take gifts to neighbors

give experiences instead of material gifts

play board games

make cards for teachers

have breakfast for dinner and eat in your pajamas

memorize a poem to recite at the dinner table

buy a new Christmas storybook and read it before bed

sleep under the Christmas tree

offer to help someone who needs it at the grocery store

make your own wrapping paper

gaze at the winter stars

celebrate the longest night of the year (Dec 21) by lighting extra candles or have dinner by candlelight

address your Christmas cards

visit Christmas decorations in town

warm yourself by a roaring fire

cut out paper snowflakes

adopt a new tradition

take a long winter's nap

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host a holiday dance party

draw and send postcards to cousins

slip a note of holiday love into a backpack, laptop case, or set on a pillow

make a popcorn string

volunteer

write Christmas cards to 5 friends or relatives you have lost touch with

get some blank pages & crayons and let your kids write and illustrate their own Christmas story

have a holiday sing-a-long

dress up for a special holiday dinner at your own house

make microwave s'mores

donate gifts to a needy family

take a car ride to look at Christmas lights and decorations

go caroling in your neighborhood or at a local nursing home

watch the snow fall

write a list of 100 things you are grateful for

pray for peace

spend 30 minutes of silent reflection on the meaning of the holiday season in your life

call 5 people you love and tell them why you love them

invite someone new to dinner

make homemade soup

donate mittens & other winter items to a shelter

enjoy a cup of hot chocolate with a friend

attend a Christmas concert

share the story of the best present you ever received

make simple homemade ornaments