

# 33 RAKS FOR 33 YEARS

*Never get tired of doing little things for others. Sometimes those little things occupy the biggest part of their hearts.*

Mail a box of candy to someone. (If under 13 oz just slap a stamp on it & put in the mail – check with post office.)

Let someone in line go ahead of you

Leave happy sticky notes on a public bathroom mirror

Buy a gift card for groceries and hand it to the person behind you in line

Donate blood

Hand out balloons to children shopping with their parents

Be a friendly driver

Leave a note & giftcard inside your favorite book at the bookstore

Deliver handwritten cards to a local assisted living facility

Drop coins on the playground for children to find while they play

Donate clothing to Goodwill

Return shopping carts to the store from the parking lot

Run an errand for a mother of small children

Take a plate of cookies to neighbors you don't know well

Call your parents just to say I love you

Leave diapers & wipes on a changing table in a public bathroom

Leave a note and/or treat in your husband's car/wallet/briefcase/office so he finds it during his work day

Call or check in on someone you know is alone

Tape change to vending machines

Drop off a new stuffed animal to fire department so they have one on hand for child who may be in need

Look your children in the eyes when they talk to you

Leave an inspirational chalk message on the sidewalk

Hide a dollar in the kids' toy section at Dollar Tree

Pick up trash

Leave a small treat with a note of thanks for the mailman

Smile at everyone you see

Tuck happy notes in car doors wishing people a good day

Deliver flowers to a hospital or school

Give someone a compliment

Leave flowers on someone's doorstep

Write a letter to a friend or family member and mail it (*the old-fashioned way*)

Pay for the person behind you in the fast food drive-through line

Volunteer your time